

From
12 PM

ORGANIC RICE BOWLS

The gift of the GABA..

We put our wholegrain, organic, brown, black and red rice blend through a very special sprouting process. This makes a magical thing called GABA which has a calming effect on the brain, helps with insomnia, stress and fatigue. This process also releases all the nutrients usually locked up in traditionally cooked wholegrain rice.

All rice pots are served with freshly cooked kale and our own special house made, velvety koji coconut yoghurt.

Black bean chilli

The house blackbeans with guacamole, and salsa
(DF/Vegan)
12

Jackfruit Jambalaya

Our rice blend cooked into a stew of roasted jackfruit, peppers and okra
(DF/Vegan)
13

Organic yellow chicken curry

14

Organic ground beef

Braised with carrots, onion, tomato and bay leaves
14

Ratatouille

Grilled goats cheese, aubergines, peppers and courgettes in our house tomato sauce
(DF/Vegan on request)
13.5

HOUSE SPECIAL

Organic cashew and tiger nut gnocchi with broccoli, sage butter, basil and parmesan (N)
12.8

HUEVOS RANCHEROS

Classic huevos rancheros

Two soft tortillas with black bean chilli, melted cheese, fried eggs, guacamole, creme fraiche and salsa (V)

12.5

Beef huevos rancheros

Classic huevos with the addition of our house made corned beef

14

Organic green chicken

Classic huevos with the addition of chicken marinated in coriander, lime, green chilli and spring onion

15

Maple bacon huevos rancheros

13.5

Sin huevos rancheros

Tortillas with black bean chilli, tofu scramble, cashew cream, guacamole, salsa and coconut yoghurt

(DF/Vegan)

12.5

SANDWICHES

Both our sandwiches come in our DL waffle bread.

Streaky bacon with ketchup

8.5

Grilled cheese, matured cheddar, mozzarella and pickled onion chutney (V)

7.5

Add ons: Fried egg 1.6, Rocket 1, Cheddar 1.2, Guacamole 1.5

HOUSE SPECIALS

Corned beef hash made with our house corned beef, guacamole and a fried egg.

13.5

Eggs baked in torka dal made with our fermented turmeric masala, with house coconut yoghurt, tamarind chutney and fresh coriander (V)

9.9

Dough Lover eggs

Treaty farm boudin noir, crispy bacon, kimchi, garlic chives and chilli flakes

10.5

HOUSE OMELETTES

Served with organic house sourdough and comes unfolded resembling a pizza with egg acting as the base.

Dough Lover "no egg omelette" with tomato and peppers, coconut yoghurt, chilli oil and fresh coriander

(DF/Vegan)

9.5

Flaked Sussex kippers, dill creme fraiche, capers, brown butter, lemon and black pepper

9.5

ADD ONS

Eggs any style.....	3.5	Olives.....	3
Toast.....	3	Dry cured Sussex bacon...	3.8
Black beans.....	3.5	Kale with lemon, cumin	
Avocado.....	3.8	and spring onion.....	3.2
Halloumi.....	3.5		

ON TOAST

All of the below served on organic seeded sourdough.

Avocado, probiotic turmeric chutney, coconut yoghurt, tomato and sumac oil (DF/Vegan)

9.75

Dough Lover tofu scramble (DF/Vegan)

8.5

Plain scrambled eggs (V)

7.5

Add: Matured cheddar 1

Chilli sauce 1

PANCAKES

Short stack of vanilla silver dollar pancakes with maple syrup and your choice of cream or house coconut yoghurt

8.25

Add: Maple bacon 3.8

Sweet potato and coconut pancakes with cinnamon bark butter, activated brazil nut brittle and house coconut yoghurt.

(DF/Vegan)(N)

8.9

Add ons

Maple syrup	2.5
Whipped cream/ Coconut cream (DF)	1.5
Salted caramel sauce	1.5
Activated brazil nut brittle	1.5
Fruit compote of the season	2